

Tough Conversations: Opioid Prescribing

Connie Christian, MBA, CPHRM
Facility Risk Management & Patient Safety Advisor

March 28, 2019



Objectives

- Identify events leading to the opioid crisis.
- Review closed claim data regarding narcotic/opioid related claims.
- Discuss appropriate responses for patient opioid requests.
- Be aware of resources that may assist in daily provider practices.

Our History with Opioids

- 1980-90's - Undertreatment of Pain
- Mid 1990's - New Opioids marketed as non-addictive Oxycodone
- Mid 1990's - Pain added to Satisfaction Scores (CAHPS)
- 1999 - Pain became the 5th Vital Sign
- 2000 – Congress passed H.R. 3244- “Decade of Pain Control and Research”
- 2001 – Joint Commission Standards for Pain Control

Opioid Statistics

- 2000 to 2009 - Opioid Rx increased by 68%
 - 202 Million Rx written
- 2010 – Hydrocodone/Acetaminophen most common Rx
 - 131.2 Million Rx written
- 2012 Opioid Rx peaked
 - More than 255 million Rx written
- 2012-2017 decline in Rx written
 - 191 million Rx written in 2017
 - Lowest in 10 years

(IHI report, 2016)

(www.cdc.gov/drugoverdose/maps/rxrate-maps.html)



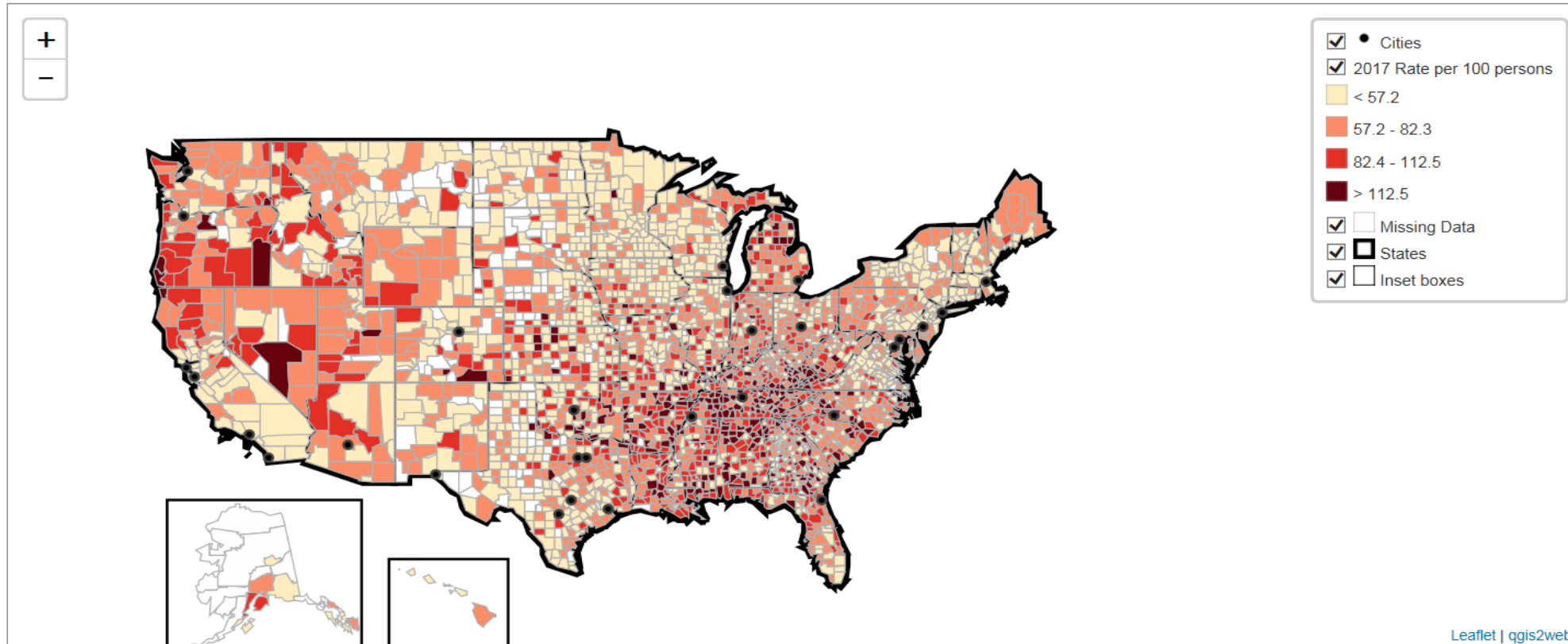
Geographic Variation of Opioid Prescriptions in the US

U.S. County Prescribing Rates, 2017



[U.S. County Prescribing Rates, 2016](#)

[U.S. Prescribing Rate Maps](#)



About the Maps

For detailed information about these maps, including data sources, please visit the [U.S. Prescribing Rate Maps](#) page.



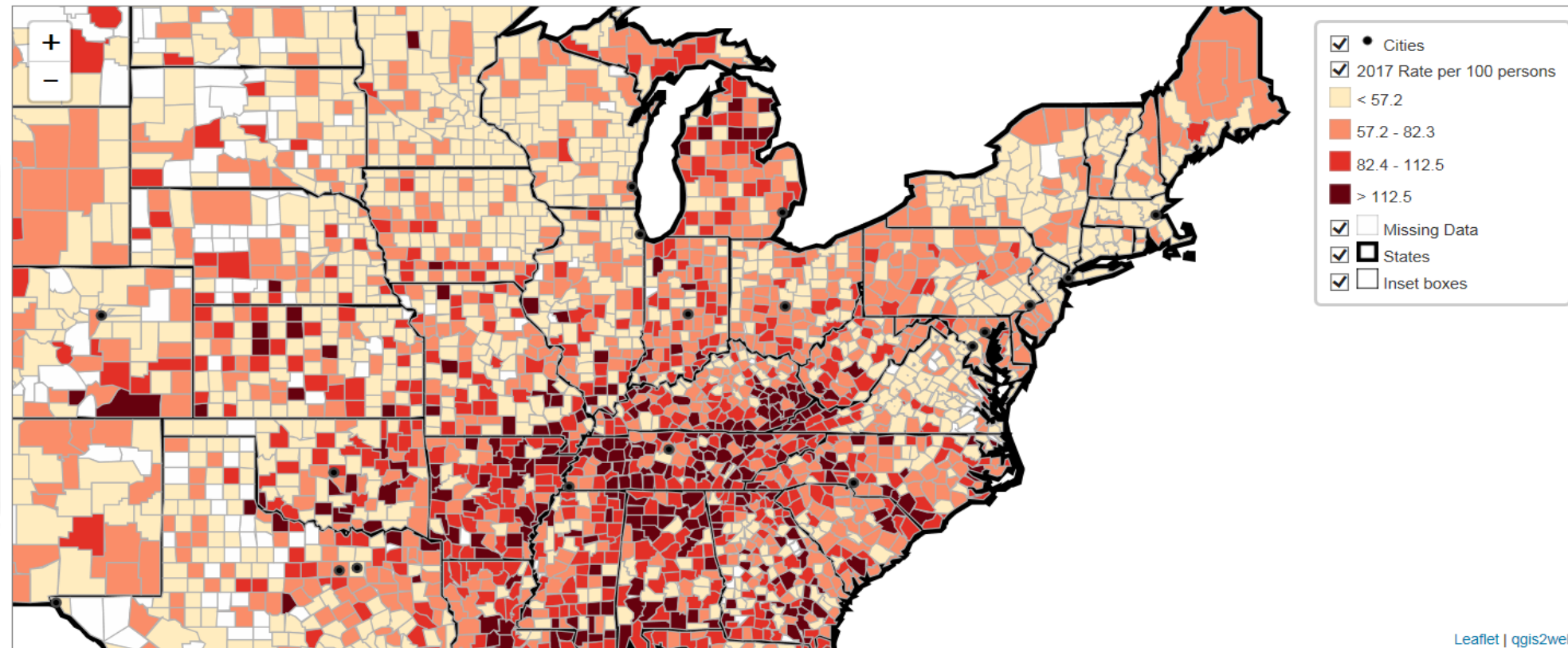
Geographic Variation of Opioid Prescriptions in the US

U.S. County Prescribing Rates, 2017



[U.S. County Prescribing Rates, 2016](#)

[U.S. Prescribing Rate Maps](#)



Leaflet | qqis2web,

About the Maps



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Opioid Deaths Continue to Rise

- 2013 - 16,235 Americans died due to Rx Opioid misuse
- 2013 to 2014 - 9% increase in Opioid Rx deaths - 17,696 deaths
- 2017 - 46 people a day Rx opioid related deaths
 - Most common Rx opioids involved
 - Methadone
 - Oxycodone (such as OxyContin®)
 - Hydrocodone (such as Vicodin®)
 - Who is affected
 - Older Americans
 - Non-Hispanic whites and American Indian or Alaskan Natives
 - Men 6.1 – Women 4.2 per 100,000 people

Value of the RX

streetRx latest street prices for prescription drugs

Choose country:
USA

Register Log In

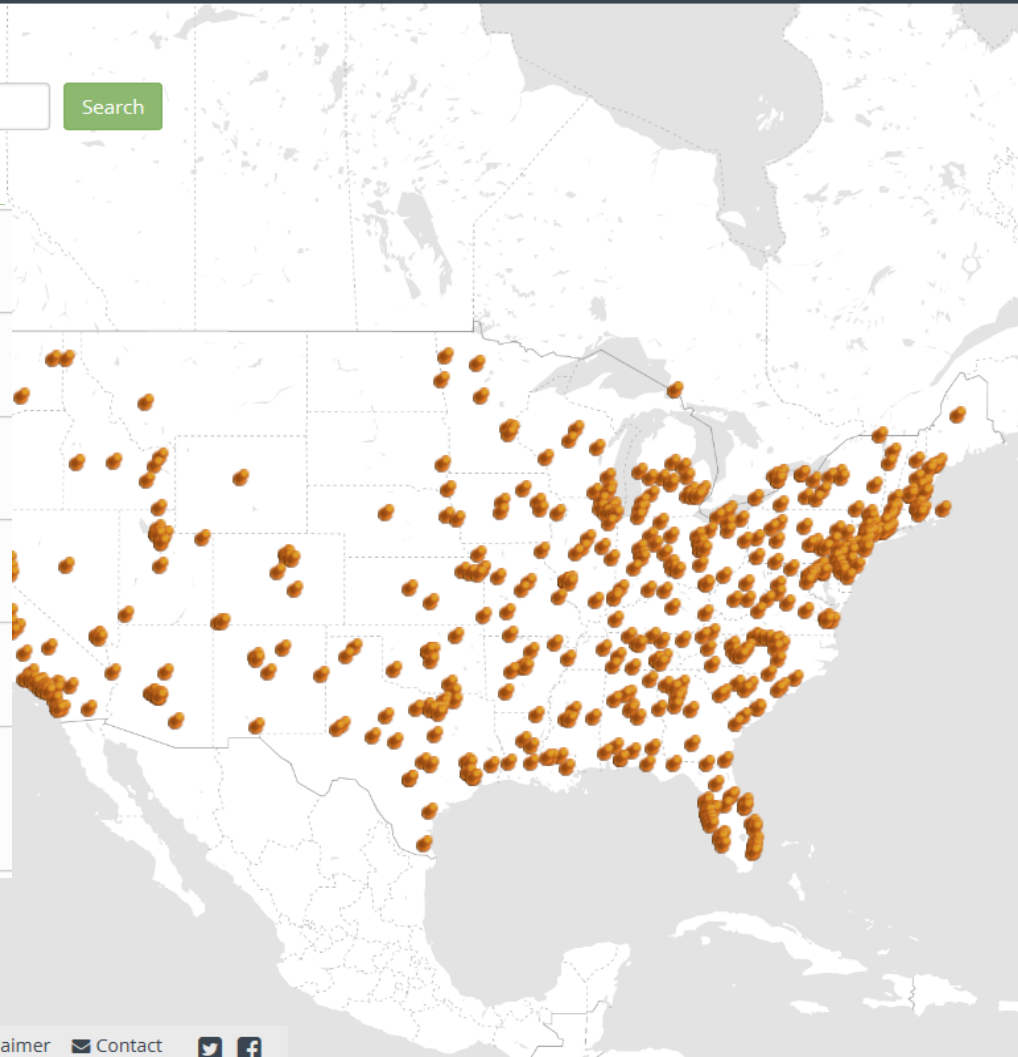
Latest Prices ▼ PAST 2 WEEKS

+ See what others paid

e.g. dilaudid california

Search

\$0.50 Mar 26 2019	oxycodone pill, 5mg pill Salem, Oregon	Cheap \$ \$ \$ \$ \$
\$100 Mar 26 2019	fentanyl patch, 100mcg/h patch New Orleans, Louisiana	Reasonable \$ \$ \$ \$ \$
\$10 Mar 26 2019	codeine, 30mg pill Thomaston, Georgia	Cheap \$ \$ \$ \$ \$
\$40 Mar 26 2019	fentanyl patch, 25mcg/h patch Missouri	Reasonable \$ \$ \$ \$ \$
\$12 Mar 26 2019	Percocet, 10mg/325mg pill El cajon, California	Pricey \$ \$ \$ \$ \$
\$12 Mar 26 2019	oxycodone / acetaminophen tablet (generic Percocet, Percodan, Ty, 10mg/300mg pill El cajon, California	Pricey \$ \$ \$ \$ \$

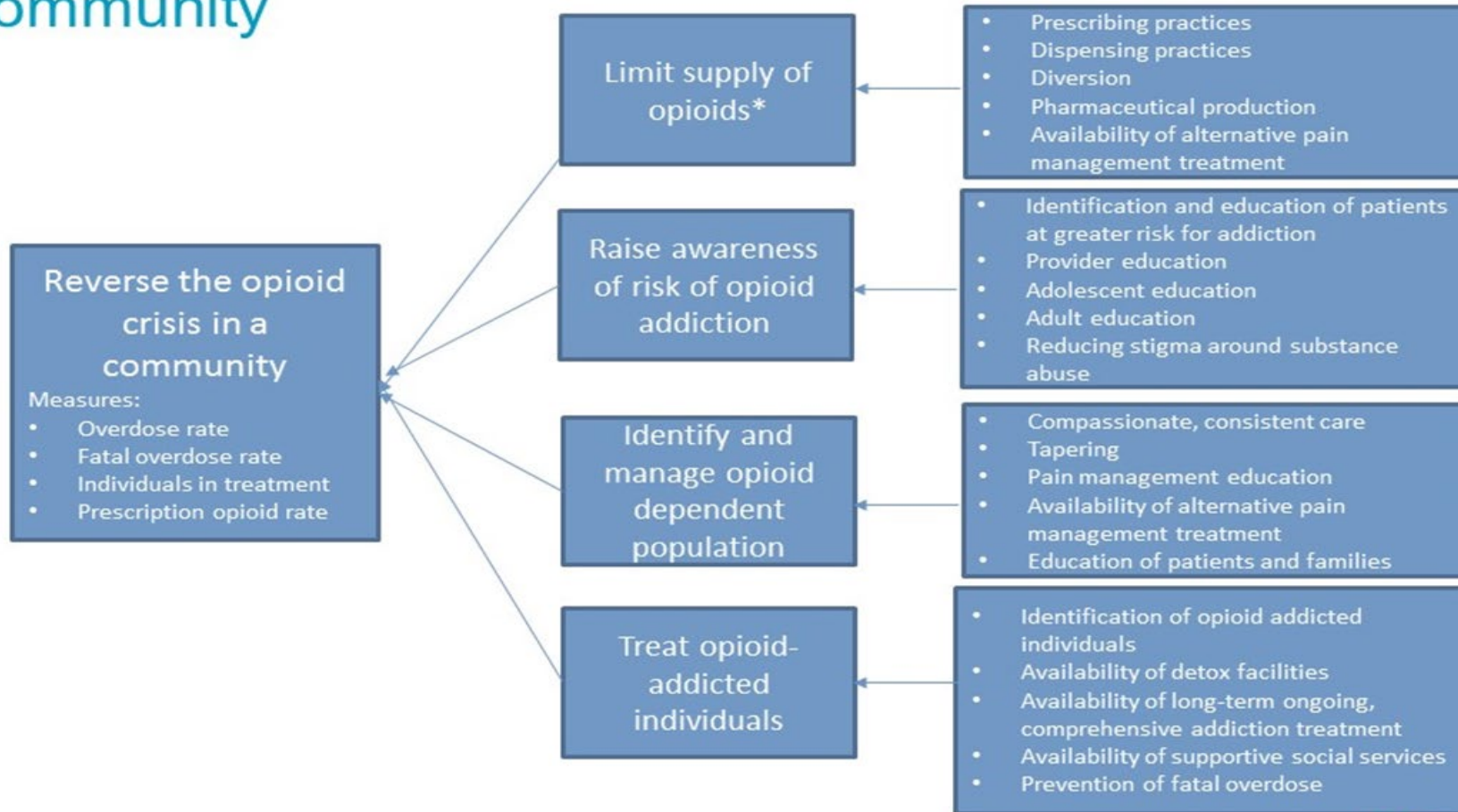


\$10 Mar 27 2019	oxycodone / acetaminophen tablet (generic Percocet, Percodan, Ty, 5mg/325mg pill Detroit, Michigan	Rate: \$ \$ \$ \$ \$
\$20 Mar 27 2019	buprenorphine tablet, 8mg pill Florida	Rate: \$ \$ \$ \$ \$
\$4 Mar 27 2019	Adderall (generic), 20mg pill Urbana Champaign, Illinois	Cheap \$ \$ \$ \$ \$
\$20 Mar 27 2019	morphine ER pill, 30mg pill Tennessee	Rate: \$ \$ \$ \$ \$
\$1 Mar 27 2019	gabapentin, 300mg pill Boston, Massachusetts	Rate: \$ \$ \$ \$ \$
\$7 Mar 27 2019	buprenorphine tablet by Teva (generic Subutex), 2mg/0.5mg pill Austin, Texas	Rate: \$ \$ \$ \$ \$
\$15 Mar 27 2019	Percocet, 10mg/325mg pill Frankfort, Kentucky	Pricey \$ \$ \$ \$ \$
\$5 Mar 27 2019	hydrocodone/acetaminophen tablet (generic Vicodin), 5mg/325mg pill Georgia	Pricey \$ \$ \$ \$ \$
\$15 Mar 27 2019	morphine ER pill, 15mg pill Reynoldsburg, Ohio	Rate: \$ \$ \$ \$ \$
\$1 Mar 27 2019	hydrocodone/acetaminophen tablet (generic Vicodin), 5mg/300mg pill	Cheap \$ \$ \$ \$ \$

Addressing the issue

Driver Diagram: Reversing the opioid crisis in a community

10



OPIOID PRESCRIBING AND PROFESSIONAL LIABILITY



Closed Claim Review

- National Professional Liability Company
- 1770 Medication related Closed Claims 2007-2015
- 272 (15%) of claims involved opioids
- 64% of opioid claims - outpatient setting
 - 78% Physician practices and Hospital clinics
 - 10% Ambulatory and Day Surgery
 - 9% Emergency Department
 - 3% Patient's home



Closed Claim Review

- Type of Pain Patients in closed claims
 - 24% Pain not otherwise specified (NOS)
 - 22% Spine related pain
 - 9% Joint/extremity related pain
 - 6% Mental health issues
 - 4% Abuse/dependence



Closed Claim Review

- Allegations included in closed claims
 - 70% Improper medication management
 - 9% Wrong dose
 - 3% Wrong medication
- Final Diagnosis in closed claims
 - 76% Poisoning by methadone, heroin, opiates/narcotics NOS.
 - 8% Drug Dependence



Closed Claim Review

- 91,000 closed claims 2009-2015
 - Poisoning
 - Drug Dependence
 - Non-Dependent Drug Abuse
- 370 Opioid Related closed claims
 - \$20 Million Defense Cost
 - 114 Paid claims
 - \$28 Million total Indemnity



OPIOID PRESCRIBING AND PATIENT COMMUNICATION



Provider Preparation

- Education
 - CDC Online Learning Course
 - State licensing statements
 - KMS/KHA Task Force recommendations
- KAMMCO – ELM/Med IQ
 - Online Learning Course
- KAMMCO Dashboards
 - Opioid Tool for providers
- Prescription Drug Monitoring Program



Provider Preparation

- Repeat Requests
 - Missed diagnosis vs dependency
- Pain medication contracts
 - 3 months
- Consistency
 - All patients every time
- Identify Health Literacy level
 - Informed consent
- Withdrawal is not an emergency



Patient Conversations

- “Can I have something for pain?” or “I need something for pain.”
 - “Lets review your evaluation and medical record for the best choice of pain relief”
- “The medications don’t work.”
 - “ Please tell me how you are taking the prescription?”



Partner with patients to provide safer, more effective pain management.

Learn more | www.cdc.gov/drugoverdose



Patient Conversations

- “I have chronic pain, I must continue on my current medications.”
 - “Lets make sure this medication is the best choice for your chronic pain.”
 - “For your safety, you need your medications coordinated by one provider and one pharmacy.”



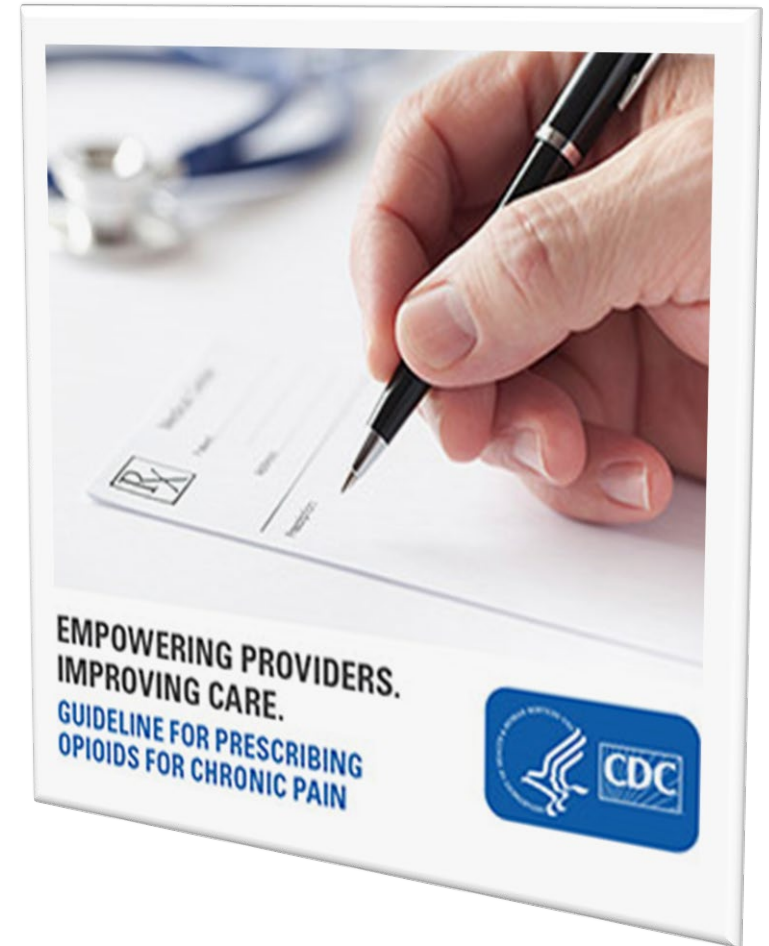
Make the most informed decision with your doctor about prescription opioids.

Learn more | www.cdc.gov/drugoverdose



Patient Conversations

- “I had to go to another provider when I was out of town, I received medication from them.”
 - “I see that you received 20 pills from another provider. What happened?”
 - “Lets do a drug specimen today.”
 - “OK, to stay on the planned schedule, this month I will write 100 tablets.” (normal 120 tablets per Rx)



Patient Conversations

- “My prescription/medication was stolen.”
 - “Have you filed a police report?” “We can have an officer come here to take your report if you like?”
- A clear case of provider shopping.
 - “I am concerned because your medications can be addicting. I am going to refer you to someone who can help with this.”



Patient Conversations

- A case of needing to stop an opioid prescription.
 - “The medication no longer appears to be as beneficial as it once was. As the benefits of the opioid no longer outweigh the risks, we need to discontinue the approach and together find a safer and more effective means of dealing with your pain.”



Documentation

- Evaluation/Examination
 - Like any other chronic medical condition
- Treatment plan
 - Like any other chronic medical condition
 - Include mental health and/or continuum of care
- Provider expectation of outcome
- Patient expectation of outcome
- Review of Pain Contract
 - Patient understanding of expectations



Resources – Prescription Monitoring Programs' (PMP)

- Must log in and use to be affective
- Part of the electronic health record
- State wide – vary state to state
 - Some interoperability across state lines
 - Filled RX only
 - Insurance requirements - denials



Resources – Prescription Monitoring Programs' (PMP)

Our practitioners participate in the online Prescription Monitoring Program known as K-TRACS (Kansas Tracking & Reporting of Controlled Substances). The system collects prescription data on ALL Schedule II, III and IV controlled substances and drugs of concern dispensed in or into the state of Kansas.








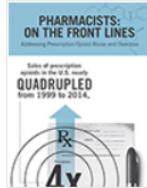








Kansas Board of Pharmacy

This program is authorized pursuant to K.S.A 65-1681
through 65-1693



Resources-CDC Website

Opioid Overdose	CDC > Opioid Overdose > CDC Guideline for Prescribing Opioids for Chronic Pain > Guideline Resources
Opioid Basics +	Guideline Resources: Clinical Tools
Data +	  
CDC Guideline for Prescribing Opioids for Chronic Pain -	The Guideline for Prescribing Opioid for Chronic Pain is intended to help providers determine when and how to prescribe opioids for chronic pain, and also how to use nonopioid and nonpharmacologic options that are effective with less risk. The clinical tools below have been developed with you, the primary care provider, in mind, to help you carry out the complex task of balancing pain management with the potential risks that prescription opioids pose.
For Patients	
For Providers	
Guideline Resources -	
Clinical Tools	
Patient & Partner Tools	
Graphics	
Posters	
Webinars	
Videos	
Mobile App	
Additional Resources	
Frequently Asked Questions	
Online Training +	
Prescription Drug Monitoring Programs (PDMPs) +	
State Information +	
CDC Publications	

Mobile App  Opioid Prescribing Guideline Mobile App  [PDF - 652 KB] Guideline Resources: Mobile App >	Pharmacists' Brochure  Pharmacists: On the Front Lines  [PDF - 1 MB]	Pocket Guide: Tapering  Pocket Guide: Tapering Opioids for Chronic Pain  [PDF - 2 MB]
Fact Sheet  Guideline for Prescribing Opioids for Chronic Pain: Recommendations  [PDF - 690 KB]	Checklist*  Checklist for Prescribing Opioids for Chronic Pain  [PDF - 83 KB]	Nonopioid Treatments  Nonopioid Treatments for Chronic Pain  [PDF - 2 MB]
Assessing Benefits and Harms  Assessing Benefits and Harms of Opioid	Calculating Dosage  Calculating Total Daily Dose of Opioids for	PDMPs  Prescription Drug Monitoring Programs



Resources - Health Information Exchanges

- Sign up for the local HIE
- Log in to the local HIE
 - Use regularly
- Submit data
- Make informed treatment decisions



Firefox File Edit View History Bookmarks Tools Window Help
FROG_KERMIT 090-19-10 M 74 SEP 21, 1933 Session # 83174707
https://holmes.caregroup.org/scripts/mgwms32.dll/MOWLPN-MYCROFT
Life as a Healthcar...
BDMC Portal FROG_KERMIT 090-19-10 M 74 SEP 21, 1933 My Lists Tasks Find Logoff Select an option

Profile Problems Results Reports Notes Medications Orders Sheets Hem/Onc Clinic

Reviewed Active Med List with Patient
Last med review: 02/15/2008 by CARA ZEIDMAN, RN

Allergies Last Updated 04/01/08 Sulfalene Peanuts Oil Cefazedone Insulins Cefazidime Docusate Calcium (Oral) Red Dye Egg Aspirin Nut Flavor Iodine; Iodine Containing

Active Meds Inactive Meds Discharge Meds Micromedex View Labs Print List Print Grid New Medication

Patient has Medicare D Coverage with Health Net Orange

Check All	NR	Medication	Last Action	Action By	Dispense	Refills	Prescribed By	Action	Show All Alerts
<input type="checkbox"/>		Sort by Drug Class					Checked Meds:	Inactivate Renew Reprint Hold Not Taking as Prescribed Comment Receipt Monograph	
		* Prescriptions *							
<input type="checkbox"/>	<input type="checkbox"/>	Acetaminophen & Codeine take one tablet per day	04/22/2008	ZEIDMAN, CARA Renewed	10	0 (Zero)	Levine, James D. MD	Inactivate Renew Modify	
<input type="checkbox"/>	<input type="checkbox"/>	Acyclovir 400 mg Tablet 1 Tablet(s) by mouth bidx 5d	04/22/2008	ZEIDMAN, CARA Reprinted	15 Tablet	5 (Five)	ZEIDMAN, CARA	Inactivate Renew Reprint Modify	
<input type="checkbox"/>	<input type="checkbox"/>	Alendronate (Fosamax) 70 mg Tablet 1 Tablet(s) by mouth every taking medication	04/17/2008	TRIFFLETTI, PHILIP Modified	4 Tablet	3 (Three)	Triffletti, Philip MD	Inactivate Renew Reprint Modify	
<input type="checkbox"/>	<input type="checkbox"/>	Allopurinol 100 mg Tablet 1 Tablet(s) by mouth once a day	04/09/2008	ZEIDMAN, CARA New	60 Tablet	1 (One)		Inactivate Renew Reprint Modify	
<input type="checkbox"/>	<input type="checkbox"/>	Amoxicillin 500 mg Capsule Capsule(s) by mouth (Prescribed by Other Provider)	02/13/2008	RENKEN, ANDREA Recorded Only				Inactivate Modify Allergy Alert	
<input type="checkbox"/>	<input type="checkbox"/>	antihypertensive Dosage uncertain (Prescribed by Other Provider)	11/06/2007	O'BRIEN, ROSE Verified				Inactivate Modify	

Resources - KAMMCO Dashboards

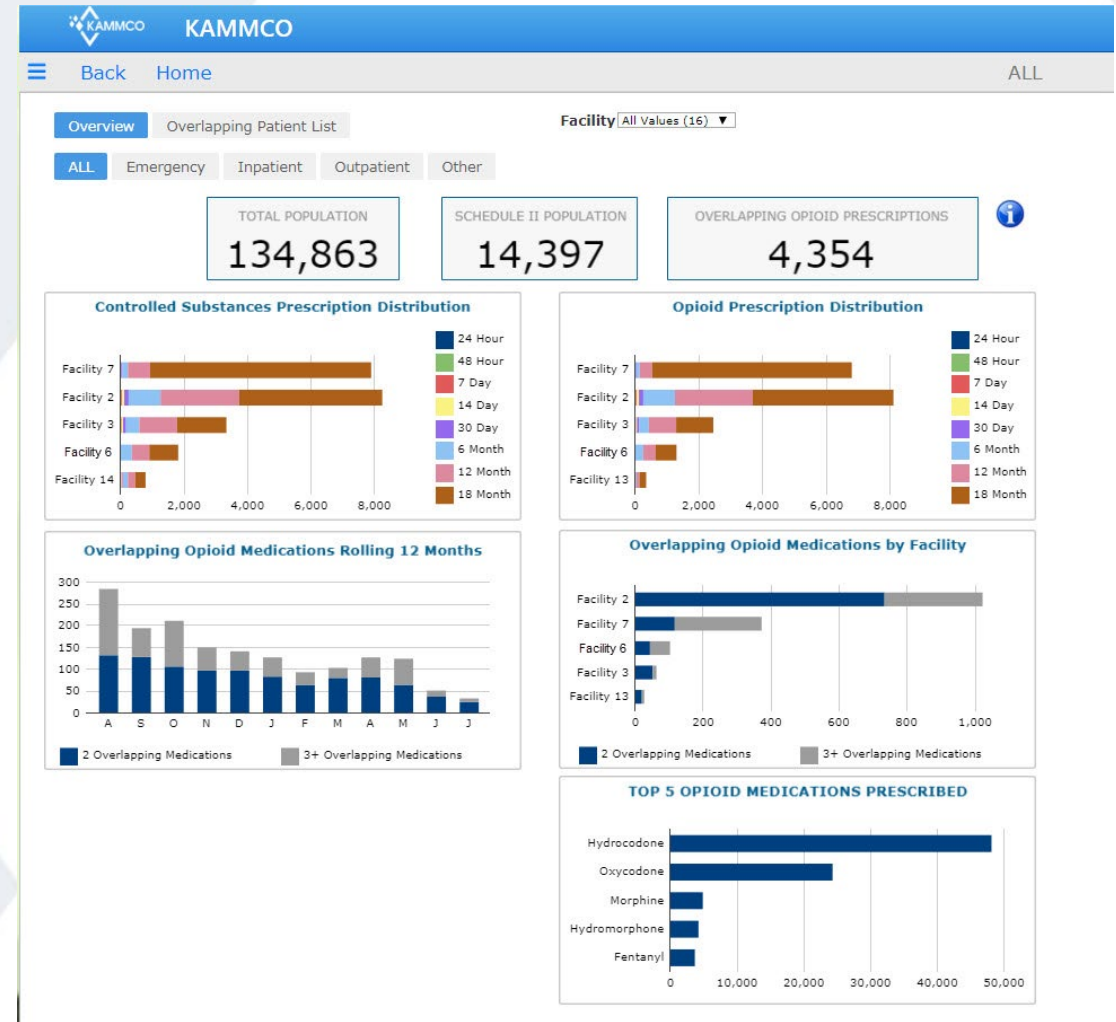
- Opioid Tool

The screenshot displays the KAMMCO dashboard interface. At the top, there is a blue header with the KAMMCO logo and the text 'KAMMCO'. Below the header, a grey navigation bar contains a hamburger menu icon on the left and the word 'Home' in the center. The main content area is a grid of 14 white tiles, each with an icon and a label. The 'Controlled Substances' tile, located in the first row, fourth column, is highlighted with a red border. The tiles are arranged as follows:

Tile Label	Icon Description
High Risk Patients	Icon of three stylized human figures in blue and red.
Chronic Conditions	Icon of a person with a red exclamation mark and radiating lines.
Behavioral Health	Icon of a person with a green heart and a blue-to-purple gradient.
Controlled Substances	Icon of a white pill bottle with a red cross.
Disease Registries	Icon of a cluster of colorful dots with arrows pointing outwards.
Population Health	Icon of a blue silhouette of the United States map.
Readmissions	Icon of a person silhouette inside a circular arrow.
Utilization	Icon of a vertical bar chart with a red arrow pointing up.
Quality Metrics	Icon of a target with a red arrow hitting the bullseye.
Provider Patient Pool Review	Icon of a person silhouette next to a document with multiple patient icons.
Administrator Patient Pool Review	Icon of a person silhouette next to a document with multiple patient icons.
Appendix	Icon of a blue document with a yellow highlight.
User Management	Icon of a person silhouette with a red outline.

Resources - KAMMCO Dashboards

- Opioid Tool
- Josh Mosier, KHIN Manager
of Client Services
- 800.232.2259



Questions



References

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CONNIE CHRISTIAN, MBA, CPHRM

CCHRISTIAN@KAMMCO.COM

800.232.2259

